

For more information...

Search YouTube for Dr Ranj and Supertooth and you'll find these brilliant short videos about caring for children's teeth



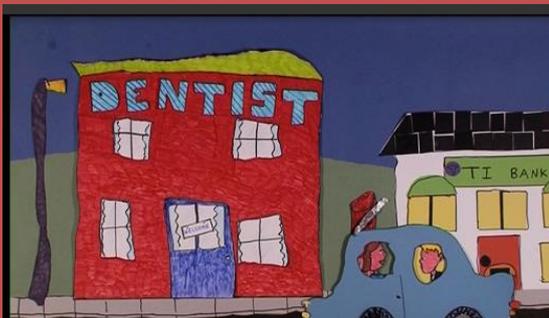
How to care for the teeth of children aged 0-3 with Dr Ranj and Supertooth!



How to care for the teeth of children aged 3-6 with Dr Ranj and Supertooth!



How to care for the teeth of children aged 7+ with Dr Ranj and Supertooth!



Teeth the Musical

<https://vimeo.com/171399125>

Fred runs away from the dentist because his teeth start singing to him. "Attention, Attention, this is your teeth, talking to you from your mouth!"

An award winning animated musical about oral hygiene made with learning disabled students. 14 minutes long.

change 4 life

The Change 4 Life website has a wealth of tips and ideas to help us be healthy this summer, including recipes and fun activities.

<https://www.nhs.uk/change4life>



The Oral Health Foundation has a lot of information on a wide range of dental and oral health topics:

<https://www.dentalhealth.org/>



Follow us on Facebook for weekly tips and other oral health advice [facebook.com/ccsdentalhealthcare/](https://www.facebook.com/ccsdentalhealthcare/)