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Weekly COVID-19 report

Central Bedfordshire Council sent this bulletin at 05-11-2020 03:54 PM GMT

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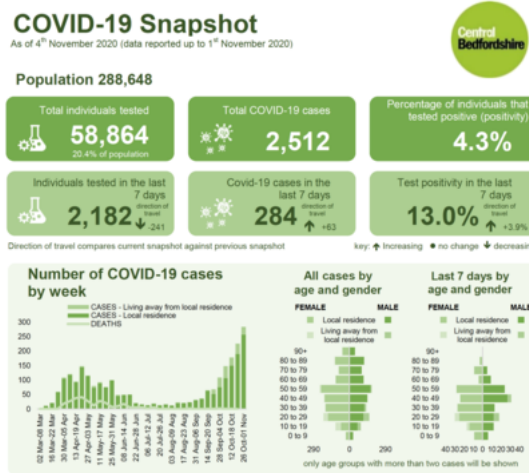


Weekly COVID-19 report

The number of people testing positive for coronavirus in the last week (week ending 1 November) has increased by 63 cases compared to the same point last week to 284 cases.

The headline statistics from our weekly COVID report and our Public Health partner councils are provided below:

- Luton: 473 cases (up 122 from the previous week)
- Milton Keynes: 311 cases (up 28 from the previous week)
- Bedford: 201 cases (up 31 from the previous week)



[This week's report](#)

New national restrictions

National restrictions will apply in England from 5 November until 2 December.

You must stay at home, with a limited set of exemptions.

Find out more on the GOV.UK website.

[GOV.UK - Coronavirus](#)



HM Government **NHS**

NATIONAL RESTRICTIONS

5 NOV - 2 DEC

- You must stay at home
- Only leave home for food, medical reasons, exercise, education or work
- You must work from home if you can
- Avoid travel unless essential
- Schools and essential shops will remain open
- Remember: wash hands, cover face, make space

For the latest guidance, visit gov.uk/coronavirus

Get a free NHS test today to check if you have coronavirus

Anyone with coronavirus symptoms can get a test.

Coronavirus symptoms are:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You can get a test for someone you live with if they have these symptoms. Do not get tests for people you live with who do not have these symptoms.

Stay at home if you have symptoms

If you are getting a test because you have symptoms, you and anyone you live with must stay at home until you get your result.

Anyone in your support bubble must also stay at home.

[Get a test](#)

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