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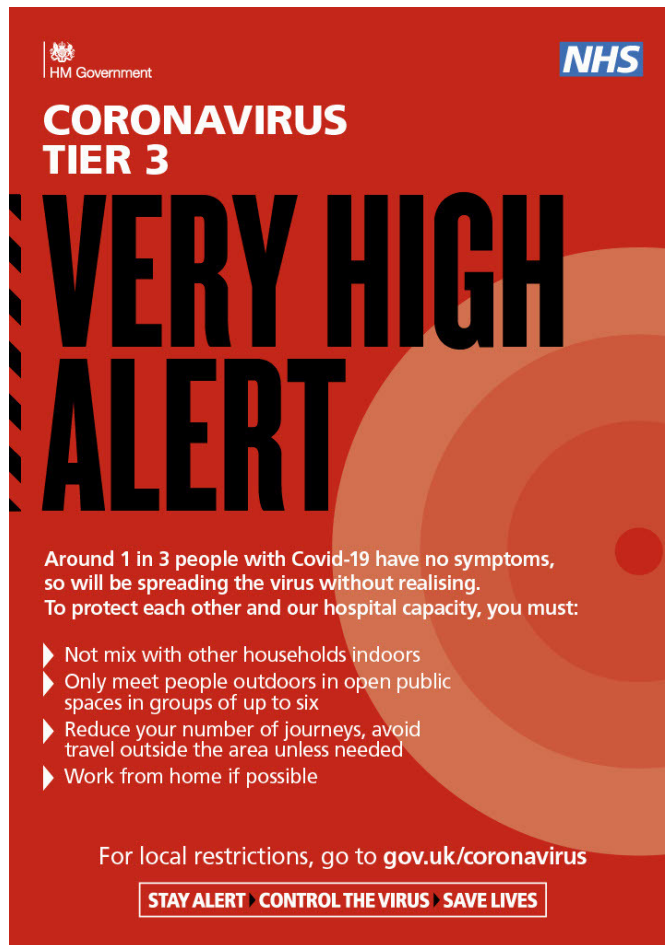
# Tier 3 – Very High Alert

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## Tier 3 – Very High Alert



Central Bedfordshire is being placed into Tier 3 - 'Very High Alert Level', along with Bedford, Luton and Milton Keynes.

The Covid-19 cases in Central Bedfordshire have increased significantly since the beginning of December and last week they more than doubled - [full details of the latest figures are on our website](#). We also know that Milton Keynes have been reporting increasingly high number of cases for a while and that Luton are continuing to face high numbers of Covid-19 cases in their area.

Earlier this week London and parts of Hertfordshire and Essex were placed in tier 3. So, whilst the news for Central Bedfordshire is that we are part of a wider national trend with southern areas we need to take action here and to do so urgently.

We all need to play our part in protecting our loved ones, protecting our community, protecting our economy.

From Saturday 19 December, when the tier 3 restrictions apply you must:

- not mix with other households indoors
- only meet people outdoors in open public spaces in groups of up to six
- reduce your number of journeys, avoid travel outside of the area
- work from home if possible

Indoor entertainment venues will close as will all pubs and restaurants, although they can provide delivery, take-away or drive through services.

Hotels will close and overnight stays with anyone other than your support bubble are inadvisable.

You can read the full details of the current [restrictions for Tier 3](#) on the Government website.

Tier 3 - GOV.UK

### Play your part – Hands. Face. Space.

As many as 1 in 3 people who have coronavirus have no symptoms - that's why it so easily spreads. Everyone has a part to play in controlling the virus and keep us all safe.

It is more important than ever that we continue to:

- social distance from anyone we don't live with
- wash our hands regularly
- wear a face covering

If you have [symptoms](#), stay at home and get [tested](#).

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