

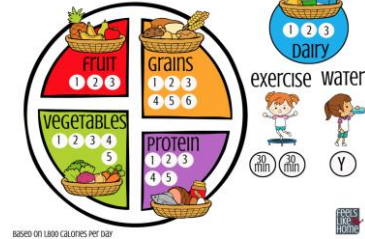
We will also be learning about:

- Numbers
- Shapes, sizes and patterns
- letter sounds
- How to write our names and perhaps other words

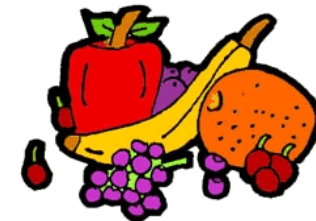
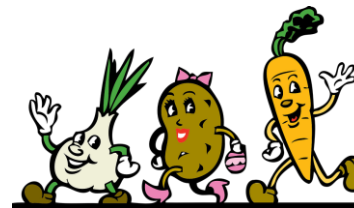
Your child will be able to bring their teddy to our **Teddy Bears Picnic** which will take place during the last week of term.
More information will follow.



MY HEALTHY CHECKLIST



Picnics and Parties

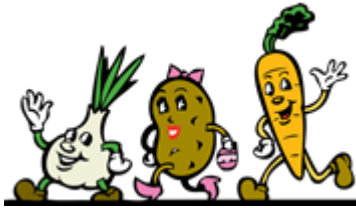


What Food?

We will introduce our new topic by talking about the different meals that we eat and the different food groups that make up a healthy meal.



Fruits and Vegetables



We will find out about different fruits and vegetables. We will make and taste fruit smoothies and vegetables. We will learn how to peel and chop fruit and veg, look at how and where they grow and find out why they are good for us. We will read stories about "Oliver" and his "Vegetables", "Fruit Salad" and "Milkshake." These stories are by the author Vivian French

Healthy snacks



We will be making milkshakes and popcorn. We will find out about milk and why it is good for us. When we have made some popcorn, we will design and make our own popcorn boxes.

Healthy Eating and Food Hygiene

MY HEALTHY CHECKLIST



We should only eat a little of. We will also talk about how we keep healthy by washing our hands when preparing food and before eating.

